

30-Day Prayer Focus: Introduction to The Armor of God & The Way of Love Tuesday, September 23 - Tuesday, October 23, 2025

Church family,

What a joy it is to see us united in this season of prayer where we are standing together, expecting God to do what only He can do. We believe these 30 days will strengthen and unite us as we seek God together. We are trusting that He will use His church to make a Kingdom impact in our city, our nation, and throughout the world. Our prayer is that you will grow closer to God, discover who He says you are, and step into a victorious life that shines His light everywhere you go.

Ephesians 2:10 (NLT) says, "For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago."

Notice that Paul says "we," not "I." This means the verse isn't just talking about one person, but about all of us together. God didn't just call one individual His masterpiece; He called His whole family, the Church, His masterpiece. Each of us is uniquely created, but together we reflect the fullness of God's beauty and purpose. Just like a mosaic is made up of many pieces that form one picture, we as the people of God are many members making up one masterpiece in Christ.

Standing together in prayer,

Clay and Kim NeSmith

Lead Pastors | Valorous Church

"My house will be called a house of prayer for all nations." Isaiah 56:7



We are inviting you to set aside one hour each day for prayer during this 30-day focus. Our Upper Room will be open daily from 6:00 pm-7:00 pm as a sacred space dedicated entirely to prayer.

The atmosphere will be quiet and reverent with no talking, no conversations, and no phones - just time to seek God without distraction. You may choose to come every day, just a few days, or pray from wherever you are. The important thing is that we unite in prayer.

A team member will be present in the Upper Room each evening to greet you. The Upper Room is located inside the church, on the west side of the church, above the outdoor patio area. The Upper Room will close promptly at 7:00 pm.

To our online church family, though you may not physically be present, we believe the Spirit of God unites us across every distance. Together, we are one church, one family, shining as a city on a hill and making a Kingdom impact.

You can sign up to join this prayer journey by scanning the QR code below or by visiting <u>Valorous.Church/30DaysPrayer</u>

Alignment

As we step into these 30 days of prayer, we want to align our hearts not only with God's Word but also with the vision, mission, and values He has given to Valorous Church. These define who we are as a church family and guide us as we seek the Lord together.

Vision

We are a city on a hill where the light of Jesus shines into the hearts of people.

During these 30 days of prayer and fasting, we believe God is igniting His light in us so that it will shine brighter in our homes, in our community, and in our church.

Mission

Our mission is to bring people into a relationship with Jesus, help them discover who God says that they are, and equip them to live victorious lives that bring others to Jesus.

As we put on the full armor of God and walk in the way of love, we are praying that countless people will encounter Jesus through Valorous Church. Together, we will grow closer to Him, stand firm in His truth, and live as overcomers who draw others to His Kingdom.

Values in Prayer

Throughout these 30 days, we are aligning our prayers with the values that shape us as a church family:



- **Leading with Intention**. Praying with focus and purpose.
- **Showing Honor to All**. Lifting up leaders, families, and communities before God.
- **Demonstrating Generosity as a Lifestyle**. Interceding with open hearts for our city and the world.
- Running with Endurance. Pressing in daily, knowing prayer changes things.
- Keeping it Simple. Letting our prayers be authentic and Spirit-led.
- Overflowing with Gratitude. Thanking God for every answered prayer and every victory along the way.

Fasting During The 30 Days of Prayer

As a church family, we are asking you to seek the Lord for guidance on how He would have you fast during this season. Fasting looks different for each person, and the most important thing is that it comes from a heart surrendered to God.

Biblical fasting is voluntarily giving up food, or something else we depend on, for a period of time in order to draw closer to God. It's not about dieting, starving ourselves, or trying to earn God's favor. Instead, fasting is a spiritual discipline that helps us humble ourselves before the Lord, quiet distractions, and focus our hearts fully on Him.

Why Do We Fast?

- 1. To Seek God's Presence More Deeply: Come close to God, and God will come close to you (James 4:8, NLT). Fasting creates intentional space in our lives to seek Him without distraction.
- 2. To Strengthen Prayer: In Scripture, fasting often went hand-in-hand with prayer when God's people faced big decisions, dangers, or spiritual battles (Ezra 8:23; Acts 13:2-3).
- 3. To Humble Ourselves Before God: I humbled myself with fasting..." (Psalm 35:13, NLT). Fasting is a way to say we need God more than food, comfort, or control.
- 4. To Receive Clarity and Direction: Jesus Himself fasted before beginning His ministry (Matthew 4:1-2). Fasting sharpens our spiritual hearing so we can discern God's will.
- 5. To Break Strongholds: This kind does not go out except by prayer and fasting (Matthew 17:21, NKJV). Fasting invites God's power to bring freedom where we need breakthrough.



How Do We Fast?

- **Food Fasts**: Abstaining from all food, certain meals, or certain types of food (e.g., Daniel Fast, liquids only, fast one meal a day).
- **Non-Food Fasts**: Setting aside social media, entertainment, or habits to spend that time with God.

The Heart of Fasting

The real power of fasting isn't in what you give up, but in what you take hold of. Fasting without prayer is just going hungry. But fasting with prayer opens us to God's presence, power, and purpose.

As Jesus taught: "But when you fast, comb your hair and wash your face. Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you." (Matthew 6:17-18, NLT)

The key is not what you give up but who you are pursuing. As you set aside something, you are creating space for God to fill you with His presence, clarity, and power.



Week 1: September 23-29 Belt of Truth: Love Rejoices in Truth

Scriptural Covering. "It does not rejoice about injustice but rejoices whenever the truth wins out." (1 Corinthians 13:6, NLT)

We are praying that the people of Valorous Church will be firmly grounded in truth, walking in God's Word, guided by His Spirit, and anchored in His love. As we begin this journey, we align ourselves with our church's identity through the vision and mission.

Values in Action

- **Leading with Intention**: Praying for leaders to be guided with God's wisdom.
- **Showing Honor to All**: Asking God to help us honor truth in one another.
- **Keeping it Simple**: Holding fast to the plain, powerful truth of God's Word.

Prayer Focus for the Week

- Pray for the church to be firmly grounded in truth.
- Ask God to expose lies and protect His people from confusion.
- Declare that truth and love will always guide Valorous Church.

- Day 1 (Tuesday, September 23): Truth in leadership decisions. Ephesians 6:14
- Day 2 (Wednesday, September 24): Truth in preaching and teaching. John 8:32
- Day 3 (Thursday, September 25): Truth shaping families. Joshua 24:15
- Day 4 (Friday, September 26): Truth in children and youth. Deuteronomy 6:6-7
- Day 5 (Saturday, September 27): Unity in truth and love. Ephesians 4:15
- Day 6 (Sunday, September 28): Breaking strongholds of deception. 2 Corinthians 10:4-5
- Day 7 (Monday, September 29): Thanksgiving for the truth that sets us free. John 8:36



Week 2: September 30-October 6 Breastplate of Righteousness: Love Protects the Heart

Scriptural Covering. "Love never gives up, never loses faith, is always hopeful, and endures through every circumstance." (1 Corinthians 13:7, NLT)

This week, we pray that the righteousness of God will guard our hearts as a church family. In Christ, we are made new, protected from the schemes of the enemy, and empowered to live in holiness. Aligning ourselves with our church's identity through the vision and mission.

Values in Action

- Showing Honor to All: Protecting and valuing each heart in our church family.
- **Running with Endurance**: Holding fast to righteousness even through trials.
- Overflowing with Gratitude: Thanking God for His covering over our lives.

Prayer Focus for the Week

- Pray for purity and holiness in our leadership, families, and congregation.
- Ask God to guard hearts against offense, bitterness, and temptation.
- Declare that hope and faith will rise up in Valorous Church.

- Day 8 (Tuesday, September 30): Purity in leadership. 1 Timothy 3:2
- Day 9 (Wednesday, October 1): Righteousness in marriages. Hebrews 13:4
- Day 10 (Thursday, October 2): Guarding children's innocence. Matthew 18:6
- Day 11 (Friday, October 3): Healing broken hearts. Psalm 34:18
- Day 12 (Saturday, October 4): Strength against temptation. 1 Corinthians 10:13
- Day 13 (Sunday, October 5): Repentance and renewal. Acts 3:19
- Day 14 (Monday, October 6): Joy of righteousness. Romans 14:17



Week 3: October 7-13 Shoes of the Gospel of Peace: Love Builds Up Others

Scriptural Covering: "Love is patient and kind. Love is not jealous or boastful or proud." (1 Corinthians 13:4, NLT)

This week, we pray that Valorous Church will carry the Gospel of peace wherever we go, bringing hope, healing, and the light of Jesus to our city and beyond.

Values in Action this Week

- Leading with Intention: Going with purpose to share the Good News.
- **Demonstrating Generosity as a Lifestyle**: Giving freely of love, time, and resources to bless others.
- **Keeping it Simple**: Sharing the Gospel with clarity, patience, and kindness.

Prayer Focus for the Week

- Pray that the church will be ready to share the Gospel with boldness.
- Ask God to make us peacemakers in our homes, schools, and workplaces.
- Declare that patience and kindness will overflow from Valorous Church.

- Day 15 (Tuesday, October 7): Readiness to share the Gospel. Isaiah 52:7
- Day 16 (Wednesday, October 8): Patience and kindness in outreach. Colossians 3:12
- Day 17 (Thursday, October 9): Unity across generations. Galatians 3:28
- Day 18 (Friday, October 10): Peace in homes and neighborhoods. Philippians 4:7
- Day 19 (Saturday, October 11): Missions fueled by love. 2 Corinthians 5:14
- Day 20 (Sunday, October 12) Perfect love casts out fear. 1 John 4:18
- Day 21 (Monday, October 13) Thanksgiving for the Prince of Peace. Isaiah 9:6



Week 4: October 14-20 Shield of Faith, Helmet of Salvation, Sword of the Spirit: Love Never Fails

Scriptural Covering: "Prophecy and speaking in unknown languages and special knowledge will become useless. But love will last forever!" (1 Corinthians 13:8, NLT)

This week, we pray for unshakable faith, for renewed minds, and for the power of God's Word to be active in Valorous Church. Love never fails, and God's truth is our victory.

Values in Action

- Running with Endurance: Standing firm in faith through every season.
- Leading with Intention: Using God's Word as our weapon of truth.
- Overflowing with Gratitude: Celebrating God's unfailing love and every victory He brings.

Prayer Focus for the Week

- Pray for faith that cannot be shaken by trials.
- Ask God to protect minds with salvation and guard against fear and doubt.
- Declare that His Word will be our sword and His love our victory.

- Day 22 (Tuesday, October 14): Faith that endures. Hebrews 11:1; 1 Corinthians 13:13
- Day 23 (Wednesday, October 15): Healing and miracles through faith and love. Galatians 5:6
- Day 24 (Thursday, October 16): Protection of the mind. Romans 12:2
- Day 25 (Friday, October 17): Assurance of salvation. 1 John 5:13
- Day 26 (Saturday, October 18): The Word as the sword. Hebrews 4:12
- Day 27 (Sunday, October 19): Victory through love. Romans 8:37-39
- Day 28 (Monday, October 20): Revival through love. Habakkuk 3:2



Week 5: October 21-22 The Triumph of Love: Living as a City on a Hill

Scriptural Covering: "Three things will last forever—faith, hope, and love—and the greatest of these is love." (1 Corinthians 13:13, NLT)

In these final two days, we celebrate the victory of love that never fails. As a church family, we are declaring that Valorous Church will shine as a city on a hill-faithful, hopeful, and overflowing with the love of Jesus.

- **Vision**: We are a city on a hill where the light of Jesus shines into the hearts of people.
- **Mission**: To bring people into a relationship with Jesus, help them discover who God says they are, and equip them to live victorious lives that bring others to Him.

Values in Action

- Overflowing with Gratitude: Giving thanks for what God has done in these 30 days.
- **Leading with Intention**: Carrying this prayer lifestyle forward into daily life.
- **Demonstrating Generosity as a Lifestyle**: Sharing the hope and love we have received with others.

Prayer Focus for the Week

- Pray that faith, hope, and love will continue to shape the people of Valorous Church.
- Celebrate God's unfailing love that endures forever.
- Commit to carrying the light of Jesus beyond these 30 days into our homes, city, and world.

Daily Prayer Focus

Day 29 (Tuesday, October 21): Faith, hope, and love covering the city. 1 Corinthians 13:13

Day 30 (Wednesday, October 22): Celebration of God's unfailing love. Psalm 136:1



October 23, 2025 The Triumph of Love: Moving Forward in Prayer

Scriptural Covering: "Never stop praying." (1 Thessalonians 5:17, NLT)

As we close these 30 days of focused prayer, we are reminded that this is not the end but the beginning of a deeper walk with God. Prayer is not an event-it is a lifestyle. Just as the Belt of Truth, Breastplate of Righteousness, Shoes of Peace, Shield of Faith, Helmet of Salvation, and Sword of the Spirit clothe us daily, so prayer keeps us covered, connected, and moving forward.

Prayer Focus for the Day

- Ask God to give you a renewed hunger for His presence beyond these 30 days.
- Pray that prayer becomes the first response in every situation, not the last resort.
- Commit as a church family to carry the light of Jesus forward in prayer, intercession, and daily devotion.

Closing Prayer

Father, we come with grateful hearts, overflowing with thanks for all You have done in these 30 days of prayer. Thank You for speaking to us, shaping us, and drawing us closer. We know this journey is not just a season but a lifestyle, keeping prayer at the center of our lives.

We declare we will be a people who pray without ceasing. In challenges we will turn first to prayer; in victories we will celebrate with prayer; in weakness we will lean on prayer for strength.

As Valorous Church, we commit to shine as a city on a hill, carrying the light of Jesus into our homes, workplaces, schools, and neighborhoods. May the church's vision, mission, and values be seen in how we pray and live every day.

Give us a lasting hunger for Your presence. Teach us to intercede for our families, our church, our city, and the world with boldness and endurance, keeping prayer as our lifeline.

We believe and declare that this is only the beginning. From this day forward, may we be known as a people of prayer who are rooted in Your truth, strengthened by Your Spirit, and overflowing with Your love.

In Jesus' name, Amen.

♥ We'd love to hear how God has impacted your life during these 30 days of prayer. Share your praise reports at <u>Valorous.Church/Prayer</u>



Join us on this 30-day journey



Scan to sign-up for daily prayer prompts.